Leading with your Whole Self
Authentic leaders exhibit high standards of integrity, take responsibility for their actions, and are guided by enduring values. This workshop will facilitate reflection on leadership experiences and apply tenets of authentic leadership to understand how to approach new challenges differently.

- Josh Davis, Program Coordinator, New Student & Leadership Programs
- Jon Tingley, Assistant Director, Housing & Residence Life

Swim above the Undertow: Defining Personal Success at Tulane and Beyond
Are you the student with three majors, five career interests, and ten extra-curriculars? Using the Three Key Questions model for self-reflection, learn how to capitalize on your joys and strengths to hone your passions to positively affect change in your community.

- Jenna Burt, Senior Program Coordinator, Academic Programs, Newcomb-Tulane College
- Cristina Lawson, Associate Director, Academic Programs, Newcomb-Tulane College

New Role, Who Dis? How to Communicate Like a Leader
This presentation will address how to effectively communicate with peers, faculty & staff in professional settings. We will discuss some of the common challenges to effective communication and offer our own personal experiences and strategies to combat these challenges and improve communication skills

- Cameron Cooper, School of Liberal Arts Student, Tulane University
- Jenna Burt, Senior Program Coordinator, Academic Programs, Newcomb-Tulane College

Start with Empathy
In any relationship, a strong empathic foundation will strengthen rapport and trust. Empathy is both a natural and learned condition. Like a muscle, empathy can be strengthened and grow stronger.

- Shawna Foose, Assistant Director, Goldman Center for Student Accessibility
Unbridled Vision on the Global Stage
A vision can be impactful when promoted by a leader, who focuses on people -- or benign when neglected by a manager, who focuses on paper. Participants will be introduced to the different ways leaders use and managers misuse a vision when attempting to add sustainability to social change.

- Lee Gary, Jr., Adjunct Assistant Professor, SLA International Development Program

Orienting your Leadership and Navigating your Impulses: Surpass your Personal and Leadership Frontiers
Clear mental models guide us to effective leadership solutions like the quarterback surveying the defense threading a pass through a maze of defenders. In this seminar, we will examine how to know where one is on the field, read the defense, and see through several lenses finding the ideal play.

- Melanie L. Korndorffer, MD FACS, Assistant Professor, Tulane University School of Medicine

Presenting Your Purpose: How to Articulate the Value of Your College Experiences
Through an interactive workshop/presentation, students will identify, internalize and articulate key collegiate experiences. We will discuss all forms of leadership and participation. Leaders will leave with increased confidence to communicate relevant experiences in professional settings.

- Melissa Lang, Program Manager, Office of Undergraduate Retention and Student Success
- Rosie Yates, Administrative Program Coordinator, Academic Programs, Newcomb-Tulane College

Intentional Involvement: How Being Selective is Strategic
This session will focus on the personal and professional benefits of being selective with campus involvement, extra-curricular activities, and leadership opportunities. Participants will reflect on how they can intentionally use their time at Tulane to curate meaningful and impressive experiences.

- Ashley Phelps, Resident Director, Housing & Residence Life
- Franny Caputa, Resident Director, Housing & Residence Life

Leading from a place of "Yes And...": Leadership lessons from Improv
This interactive workshop will focus on how to shape your leadership skills through the lens of improv comedy. Participants will learn about some core improv principles and explore how they can tailor these concepts in their work as student leaders.

- Smita Ruzicka, Ph. D., Assistant Vice President for Campus Life, Division of Student Affairs
From Sophomore Slump to Stress in South Africa
Ever wonder what a murder suspect and an effective leader have in common? Learn the answer to that question and educate yourself on how to start an organization on campus, conduct independent research, and identify student stress by attending this program.

- Henry M. Stoddard, School of Public Health & Tropical Medicine Student, Tulane University
- Jenna Burt, Senior Program Coordinator, Academic Programs, Newcomb-Tulane College

Beyond the Binary: Transgender, Agender, Non-Binary and Gender Fluid
This workshop provides answers to some of the most common questions about a variety of gender identities, offers ideas about how to be an effective ally, and places the current rise in transgender visibility in historical context.

- Red Vaughan Tremmel, Ph. D., Director, Office for Gender and Sexual Diversity

The Undeniable Impact of Focus: Crucial to Leadership and Creating a Strong Vision
Leadership is a critical component for personal success and organizational success. Creating vision in our technological world with a multitude of distractions is challenging. The objective of this presentation is to help you learn to channel your focus for successful leadership!

- Brian Johnson, Ed. D., Assistant Vice President for Housing and Residence Life/Campus Recreation, Division of Student Affairs

Leading into your Career: are you Career ready?
Do you know how to use your strengths, interests, and talents? Employers are looking for students “career ready” with career competencies developed throughout college. Building these skills starts with self-awareness and continues through setting goals and identifying opportunities to achieve them.

- Julie Hauber, Career Consultant, School of Business
- Susan Mickey, Career Consultant, School of Business

Young and Female in Leadership Positions - Lessons Learned
This presentation will be designed for anyone interested in attaining a leadership position at a young age and/or as a female. I will discuss the leadership position I attained at the age of 30, what I was ready for, what I was not, what I have learned and how I have developed since then.

- Beth W. Wilson, MS, CPA, Assistant Dean for Finance, Newcomb-Tulane College
Overcoming Adversity: Taking the Path Less Traveled
This presentation will be discussing what Tulane education is about, finding one's passion and having an amazing creative environment that one can thrive, even through the hardest of times.

- Ben L. Rogers, School of Liberal Arts Student, Tulane University
- James D. Porter, Ph. D., Vice President, Division of Student Affairs
- Julia Broussard, Assistant Director, Case Management & Victim Support Services

Using Empathetic Leadership in your Life and Career
This presentation will be designed to discuss the importance of empathy in leadership, what it is and is not, its effects and outcomes, real-world successes attributable to this leadership mechanism, and ways to incorporate empathy into any leadership style.

- Beth W. Wilson, MS, CPA, Assistant Dean for Finance, Newcomb-Tulane College

Fear Means Go
Fear Means Go encourages participants to identify and face fears that may keep them from walking their purpose paths through free-writing exercises and powerful small and large group conversations.

- Samantha Fleurinor, Program Coordinator, Taylor Center for Social Innovation and Design Thinking

Is it Nap Time Yet?: A Workshop for the "Woke" Student Leader
Staying "woke" has become popularized in society. But, having to remain informed of all the social issues plaguing the world can sometimes become exhausting and cause fatigue in leadership. The question we will explore is how to take care of yourself and still engage in social justice leadership.

- Kevin Lewis, Senior Program Coordinator, Office of Multicultural Affairs